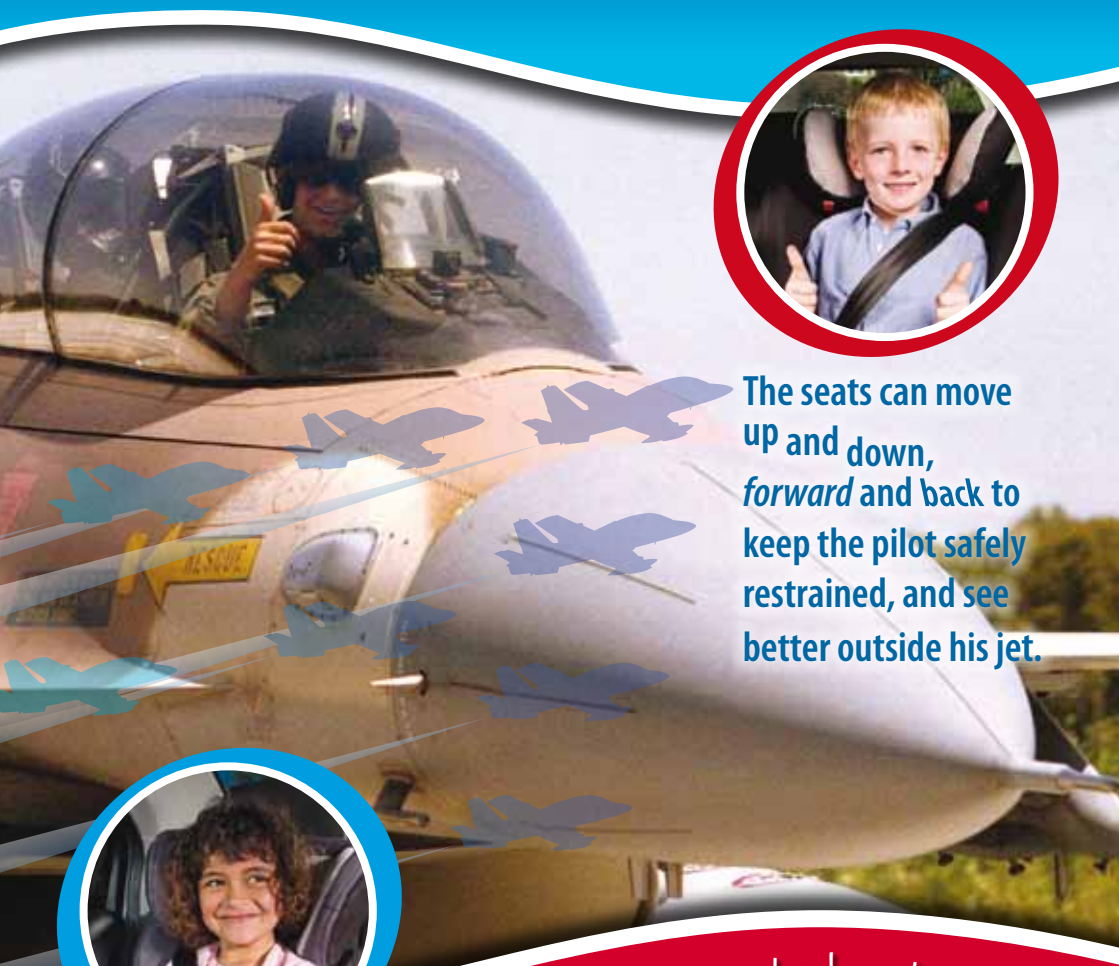


# Did you know that **JET PILOTS** use safety seats that are similar to **BOOSTER SEATS?**



The seats can move **UP** and **down**, **forward** and **back** to keep the pilot safely restrained, and see better outside his jet.



And just like pilot seats, booster seats **keep you safe** if you are involved in a car crash.

Take the 5-Step Test to check if you still need to use a booster seat



How about going out to the car with your mum or dad, and check if you are safely restrained—Just like Ben below:

When sitting clicked in with just an adult seatbelt:



YES NO

1. Can you sit with your back flat against the seat?  YES  NO
2. Can you bend your knees at the edge of the seat?  YES  NO
3. Does your shoulder belt cross your shoulder and NOT touch your neck?  YES  NO
4. Is your lap belt touching your thighs and NOT on your tummy?  YES  NO
5. And just like a Pilot, can see outside the car?  YES  NO

If you answered “No” to any of these questions, you still need a booster seat to keep safe!